

Annual conference, **Instructors** – workshop topics

13 May 2020

Number	Topic
1	Inclusive Delivery (Core and Plus) Will help instructors to define SEND, be inclusive during the course and encourage all riders.
2	Recognised Prior Learning Route to 1st4sport Qualification. Will outline RPL requirements and pathway to certification, using the 1st4sport Moodle to submit evidence and the practical assessment.
3	The Bikeability Delivery Guide This workshop will cover the Bikeability principles, core functions and systematic routines and how to incorporate them into training.
4	Assessment, Feedback and Awards This workshop will outline for instructors how to use the rider progression tracker, delivery constructive feedback and how to use the Bikeability awards.
5	Moving Groups By the end of the session, participants will have developed knowledge and understanding of how to move groups of riders at all levels.
6	Session Plans An introduction to using session plans, what they are and how to use them effectively for training.
7	Observation and Mentoring An introduction for instructors on what to expect of an observation and how to use this and mentoring to improve their delivery and plan CPD.