**2020 Bikeability Awards Programme – NOMINATION FORM**

*Please carefully read the* [*Guidance Notes (click here)*](https://bikeabilitytrust.org/2020-bikeability-awards-background-guidance-notes-tcs/) *for the Bikeability Awards* ***before*** *submitting and completing this nomination. (also available on* [*https://bikeabilitytrust.org/bikeability-awards/*](https://bikeabilitytrust.org/bikeability-awards/) *)*

 *Please send your completed form (and any attachments) by email attachment to* contactus@bikeability.org.uk***before******noon on*** Friday February 28th 2020.

*TO NOTE: Only one nomination can be submitted per form.*

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| 1. **Your Details**
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| **First name: Ed**  | **Surname: Clark** |
| **Organisation/Group** *(if applicable):* **West Sussex County Council** |
| **Address and postcode: WSCC Highways Depot, Wickhurst Lane, Broadbridge Heath, Horsham, West Sussex, RH12 3LZ** |
| **Email address: Edward.clark@westsussex.gov.uk** |
| **Telephone: (0)330 222 8651** | **Mobile: 07702 919 750** |
| **If not a self-nomination, briefly describe your relationship with the nominee (e.g. work colleague, employer, pupil, other):** **Relationship with Nominee- Rider (pupil)** |
| 1. **Nominee’s Details (main contact)**

*If submitting a nomination for Trainee of the Year, please provide their name and/or their parent/teacher/carer contact details if more appropriate.* |
| **First name: Alazar** | **Surname: Sahele** |
| **Organisation/Group** *(if applicable)***: N/A** |
| **Address and postcode: Ridgeway, Salisbury Road, Horsham, RH13 0AL** |
| **Email address:** **hiruteshete@yahoo.co.uk** |
| **Telephone: N/A** | **Mobile: 07852 432 934** |
| **Name of award for which he/she/they/the organisation is being nominated** *(please highlight/underline/select one):* 1. Instructor of the Year
2. Bikeability Provider of the Year
3. Local Authority/SGO Host School Partner of the Year (outsourced delivery)
4. School Employee or Governor of the Year
5. **Trainee Rider of the Year (Pete Rollings award)**
6. Most Proactive Primary School
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| 1. **Please describe below the reason(s) why the nominee deserves this award** (maximum 300 words)

*NB – you should refer to the award criteria when completing this section and try to explain how the nominee has meet some/all of the different qualities described.*  |
| Our nominee, Alazar Sahele is a rider with cerebal palsy. We first met Alazar in 2016 when he joined the all abilities cycling club in Horsham run in partnership with West Sussex County Council and Horsham District Council. Due to Alazar’s cerebal Palsey, initially he would ride our wheelchair bicycle piloted by his family or club instructors. Over time Alazar expressed a desire to explore the use of a cycle that he could ride independently. By the end of 2016 Alazar progressed to riding a fixed gear trike with a 3 point body harness to keep him in position. The fixed gear mechanism, along with foot straps and harness helped Alazar learn the basics of cycle control as well as improving muscle memory and development.In 2017 Alazar progressed to a “rear steering” recumbent trike. Over the year, Alazar challenged himself to begin his level 1 training by starting stopping independently along with making the bike go where he wanted.2018 saw Alazar arriving at the club by walking, this was credited to the muscle development achieved through cycling. 2018 also saw Alazar progress onto a “Low Rider” recumbent trike. Alazar began to regularly cycle well in success of 2KM each week at the club, and in May of 2018, rode a 1m section of a charity ride independently. This was a significant moment given that in previous years on the charity ride, Alazar had been on our Wheelchair bike.2019 saw Alazar’s family purchase their own “Low Rider” cycle, which allowed Alazar the ability to ride an adapted bike away from the club, along with his family. Alazar completed bikeability Level 1 in Autumn 2019. |
| **2. Please list below any accompanying high-quality evidence to support your nomination** (eg. materials, photographs, video clips, testimonials) *Up to a maximum of 3 items and provide a title for each item(s) in the section(s) below – do NOT include any further written information on the form. Ensure all the attachments listed above accompany your nomination form, and are clearly labelled so it is clear which nominee they apply to. Maximum number of words for each item of accompanying evidence is 300 – submissions that are longer than this will not be considered.*  |
| 1. *Attachment 1- Alazar on Wheelchair bike*
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| 1. *Attachment 2 – Alazar Riding independently 1st Time*
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| 1. *Attachment 3 – Alazar Riding Video*
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| **3. Please briefly describe any other experience or insights you feel are relevant to your nomination.** (maximum 300 words)  |
| Alazars cycling achievements are credited to his and his family’s determination to look for solutions rather than barriers towards cycling. And this has led to a family with a newfound passion for cycling, with no doubt more successes to come.Alazar’s passion for cycling now extends to his family and carers. Alazar’s parents have been at his side throughout his progression as a rider, and in order for them to keep up with him, it has required themselves too to develop as riders. Alazar’s mother Mimi has made some fantastic personal cycling achievements of her own.In 2018 Alazar’s sister completed her level 2 bikeability award with flying colours. Alazar’s cerebal palsy requires 24hr care. Alazar’s parent’s and carers dedication extends not only to his needs but to his passions. For Alazar’s family cycling is now not an activity that they just support and assist him with, but rather an activity they can all enjoy and share together. Alazar has created a culture of cycling within his family.Finally Alazar can be considered a trail blazer- his friends from school and peers from the club see him as an example of what can be achieved with commitment and determination.  |
| 1. *I confirm that the information I have provided is accurate, I have permission (as appropriate) from nominee’s parent(s) to submit this form/from those people in any materials submitted to share their images/comments. And I have read and agree to the Terms & Conditions***.**

**Name: Ed Clark****Signature:** **Date: 10th March 2020**To be signed by an independent individual / organisation representative: *I can confirm that I believe this to be an accurate submission and add my support to the application* **Name: Mimi Hirut Sahele****Signature:****Date: 10th March 2020****Organisation** *(if applicable):* |