

2020 Bikeability Awards Programme – NOMINATION FORM

Please carefully read the [Guidance Notes \(click here\)](#) for the Bikeability Awards **before** submitting and completing this nomination. (also available on <https://bikeabilitytrust.org/bikeability-awards/>)

Please send your completed form (and any attachments) by email attachment to contactus@bikeability.org.uk **before noon on** Friday February 28th 2020.

TO NOTE: Only one nomination can be submitted per form.

1. Your Details	
First name: Donna	Surname: Spence
Organisation/Group (if applicable): The Active Wellbeing Society (TAWS)	
Address and postcode: Studio 309, The Custard Factory, Gibb Street, Digbeth, Birmingham B9 4AA	
Email address: donna.spence@theaws.org	
Telephone: 0121 728 7030	Mobile: 07885235209
If not a self-nomination, briefly describe your relationship with the nominee (e.g. work colleague, employer, pupil, other): Instructor delivering for our bikeability Scheme	
2. Nominee's Details (main contact)	
<i>If submitting a nomination for Trainee of the Year, please provide their name and/or their parent/teacher/carer contact details if more appropriate.</i>	
First name: Carla	Surname: Felton
Organisation/Group (if applicable): The Active Wellbeing Society (TAWS)	
Address and postcode: 1-462 Heathway, Shard End Birmingham B346SG	
Email address: carla81@hotmail.com	
Telephone:	Mobile: 07568317459
Name of award for which he/she/they/the organisation is being nominated (please highlight/underline/select one):	
<ul style="list-style-type: none"> A. Instructor of the Year B. Bikeability Provider of the Year C. Local Authority/SGO Host School Partner of the Year (outsourced delivery) D. School Employee or Governor of the Year E. Trainee Rider of the Year (Pete Rollings award) F. Most Proactive Primary School 	

1. Please describe below the reason(s) why the nominee deserves this award (maximum 300 words)

NB – you should refer to the award criteria when completing this section and try to explain how the nominee has meet some/all of the different qualities described.

Carla Felton has prepared, taught and delivered Bikeability training for the last two years. Throughout this time, Carla has developed, grown and strengthened her skills as a mentor to old and new instructors, from her current and updated training and flourishes in her teaching role, with the ability to respond directly and effectively to the needs of all learners no matter what ability.

Carla has mentored some of our longest serving staff, working collaboratively, as well as leading, to implement the new and constantly evolving changes to delivery in order to improve the quality of service. She has gone out of her way to offer her free time in supporting the changes to delivery, ensuring she shares her skills, advice and guidance to any instructor she works with constantly operating in a collaborative, participatory manner.

Carla is an exceptional mentor, with a natural gift in teaching ensuring that she directly responds to hero learners by listening and reacting directly to their needs. Her perceptivity is such that she is able to adjust her teaching method appropriately even if students do not verbalise their demands and wishes.

I have received positive feedback from her colleagues and students; the school academy that she currently works with have confidently recommended her to their network of academies and primary schools. Recommending Carla supports and demonstrates her ability as an instructor; her patience, understanding and the additional support she gives to each of the students is above and beyond. Carla is able to adapt her teaching style to the needs of the students, particularly showing flexibility in her approach to Bikeability training to all different types of needs within all environments.

2. Please list below any accompanying high-quality evidence to support your nomination (eg. materials, photographs, video clips, testimonials) Up to a maximum of 3 items and provide a title for each item(s) in the section(s) below – do NOT include any further written information on the form. Ensure all the attachments listed above accompany your nomination form, and are clearly labelled so it is clear which nominee they apply to. Maximum number of words for each item of accompanying evidence is 300 – submissions that are longer than this will not be considered.

a. *Colleague statement*

b.

3. Please briefly describe any other experience or insights you feel are relevant to your nomination. (maximum 300 words)

Carla leads by example as how being involved in cycling for work and pleasure can have a major impact on one's mental health and wellbeing,

When Carla first delivered for The Active Wellbeing Society, she was quiet and anxious talking in groups, since her involvement in bikeability her confidence has developed, along with her leaderships skills and now is a support for other instructors without realising she is doing so.

4. I confirm that the information I have provided is accurate, I have permission (as appropriate) from nominee's parent(s) to submit this form/from those people in any materials submitted to share their images/comments. And I have read and agree to the Terms & Conditions.

Name:

Signature:

Date:

To be signed by an independent individual / organisation representative:

I can confirm that I believe this to be an accurate submission and add my support to the application

Name: DONNA SPENCE

Signature: *Donna Spence*

Date: 11.3.2020

Organisation (if applicable): THE ACTIVE WELLBEING SOCIETY.

