

Testimonials from parents and carers

For pupils who attended 2019 Herts Disability Sports Foundation

Bikeability Training 2019

"The sessions were fun and engaging!"

"My child thrived due to the encouraging, calm and friendly approach of the HDSF team."

"The 1-1 sessions were incredibly effective. There was no judgement, no hurry and the sessions were perfectly personalised"

"Brilliant! The instructors were able to succeed where we had failed for many years."

"Very supportive, funny instructors who took things at my daughter's own pace."

"The staff were immediately in tune with her, working at her level and picking up her interest in order to motivate her and make her feel relaxed."

"A very good experience – the staff were skilled and extremely patient with my son."

"The coaches were knowledgeable and experienced. I honestly can't think if a wat these sessions could be improved."

"These guys work miracles! I never thought my very anxious daughter would learn to ride in one session – now I can't get her off the bike."