

2020 Bikeability Awards Programme – NOMINATION FORM

Please carefully read the [Guidance Notes \(click here\)](#) for the Bikeability Awards **before** submitting and completing this nomination. (also available on <https://bikeabilitytrust.org/bikeability-awards/>)

Please send your completed form (and any attachments) by email attachment to contactus@bikeability.org.uk **before noon on** Friday February 28th 2020.

TO NOTE: Only one nomination can be submitted per form.

1. Your Details	
First name: Jill	Surname: Bissell
Organisation/Group (if applicable): Wokingham Borough Council	
Address and postcode: Shute End, Wokingham, Berkshire RG40 1WL	
Email address: Jill.Bissell@wokingham.gov.uk	
Telephone: 0118 908 8208	Mobile: 07885 983384
If not a self-nomination, briefly describe your relationship with the nominee (e.g. work colleague, employer, pupil, other):	
2. Nominee's Details (main contact)	
<i>If submitting a nomination for Trainee of the Year, please provide their name and/or their parent/teacher/carer contact details if more appropriate.</i>	
First name:	Surname:
Organisation/Group (if applicable):	
Address and postcode:	
Email address:	
Telephone:	Mobile:
Name of award for which he/she/they/the organisation is being nominated (please highlight/underline/select one):	
<ul style="list-style-type: none"> A. Instructor of the Year B. Bikeability Provider of the Year C. Local Authority/SGO Host School Partner of the Year (outsourced delivery) D. School Employee or Governor of the Year E. Trainee Rider of the Year (Pete Rollings award) F. Most Proactive Primary School 	

1. Please describe below the reason(s) why the nominee deserves this award (maximum 300 words)

NB – you should refer to the award criteria when completing this section and try to explain how the nominee has met some/all of the different qualities described.

Wokingham Borough is fully supportive of Bikeability with strong Councillor backing. Bikeability meets the Council's wider objectives to reduce congestion, improve local air quality, increase activity levels and is vital in our efforts to reach carbon neutrality by 2030.

Bikeability is delivered as part of our MyJourney programme which aims to change travel behaviours through active and sustainable travel. Our successes with Bikeability include:

- 100% of the borough's primary/junior schools receiving Bikeability training (Years 5/6 2019/20)
- An average of 80% (1600) of year 6 children taking part in Bikeability Level1/2/3 training (2019/20)
- 45% growth in level 3 training (2018/19-2019/20)
- Targeting new schools with only younger children with Bikeability Balance, Bikeability Learn to Ride and Level 1 courses.
- Training 250+ children per year in Bikeability Learn to Ride, with 78% of children riding independently in just 2 sessions (with 83 grant-funded places).
- Regularly adapting sessions to include SEND provision.

MyJourney seeks to overcome barriers to cycling. We start children cycling at a young age, increasing the uptake of Bikeability. Weekly Balance Bike Clubs (age 2-4) are run at our local bike hubs and attended by an average of 30 children each week. We have several children as young as 3 years progressing to riding pedal bikes competently. We also run Bikeability holiday courses (Levels1/2/3), targeting home-educated, privately schooled and SEND children. Where children or adults lack access to bikes or helmets we can loan these or provide refurbished bikes free of charge.

We partner Cycle Experience to deliver term-time courses, working closely with their instructors and attended shared CPD days. We also meet their Regional Manager termly to ensure smooth running of courses. MyJourney promotes Bikeability through schools, holiday courses, social media feeds and press releases.

Beyond Bikeability we continue the culture of safe cycling for children into adulthood.

2. Please list below any accompanying high-quality evidence to support your nomination (eg. materials, photographs, video clips, testimonials) Up to a maximum of 3 items and provide a title for each item(s) in the section(s) below – do NOT include any further written information on the form. Ensure all the attachments listed above accompany your nomination form, and are clearly labelled so it is clear which nominee they apply to. Maximum number of words for each item of accompanying evidence is 300 – submissions that are longer than this will not be considered.

- a. *Cycling activities in Wokingham (Including photos of Bikeability & Bikeability Plus)*
- b. *Inclusive cycling in Wokingham*
- c. *Testimonials from parents/participants*

3. Please briefly describe any other experience or insights you feel are relevant to your nomination. (maximum 300 words)

Cycling after Bikeability is a priority for MyJourney. Our website www.MyJourneywokingham.com/events and social media are used to reach a wide audience, promoting cycling knowledge, our successes, events and Bikeability courses.

Initiatives to create a culture of cycling include:

- Developing a network of off-road "Greenways" suitable for cycling
- Led family bike rides
- Transition rides to secondary schools
- Women only led rides to increase confidence cycling with their children
- Adult cycle training for beginners and improvers; and adult Bikeability Level 3.
- Over 60s led rides and training courses, delivered in partnership with our sports and leisure team's "SHINE" programme
- Bikeability courses specifically for children with ASD/Autism
- Inclusive Cycling sessions for adults with special needs/disabilities (including Bikeability Level 1/Level 2 training.)
- Regular Doctor bike events throughout the borough
- Basic bike maintenance courses
- Try-out Cycling Roadshows and Bike Bonanzas (in school holidays) – with a variety of bikes and cycling activities to try and NSI instructors available to help.
- Workplace events and lunchtime rides
- Our big Family event – The annual **Wokingham Bikeathon**. 672 people participated in the 2019 Bikeathon, with a choice of a 15 mile or 35 mile route. The ages of participants ranged from 5 years - 80 years and included a total of 174 young people under the age of 16.

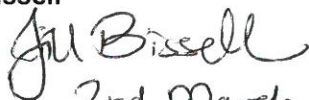
MyJourney also employs 2 Schools Officers to work with schools towards Modeshift STARS school awards. Several schools have demonstrated excellence in supporting cycling and walking to school and have achieved Bronze & Silver Modeshift awards for reducing the percentage of children travelling to school by car. 2 schools are currently working towards Gold Modeshift awards.

Wokingham has a unique way to fund additional Bikeability places through MyJourney. Developer funding is provided for new homes constructed in the borough to promote active and sustainable travel, including the provision of Bikeability training.

4. *I confirm that the information I have provided is accurate, I have permission (as appropriate) from nominee's parent(s) to submit this form/from those people in any materials submitted to share their images/comments. And I have read and agree to the Terms & Conditions.*

Name: Jill Bissell

Signature:



Date:

2nd March 2020

To be signed by an independent individual / organisation representative:

I can confirm that I believe this to be an accurate submission and add my support to the application

Name: Rebecca Brooks

Signature:



Date:

2nd March 2020,

Organisation (if applicable):

